1: Lorimer T-3 (1920-4; 1934-5) 1938 AV7 Burusho AV7

[177] diagonally superimposed on each other, exactly duplicating some of the ancient smoke-holes recently unearthed in Central Asia by Le Coq. A large store-room about 6 feet deep runs the full width and height of the house and is entered by a door at the back of the central atrium. It is provided with a minute, unglazed, shuttered window, the only 'window' known in Hunza except in the houses of the Mir and the Wazir. The furnishings of the living room are simple but adequate. Two large sleeping benches, some 7 feet wide and 9 feet long, flank the side walls, and are raised 18 inches or so above the floor. The sleepers roll themselves in homespun blankets or padded quilts and sleep crosswise on the bench like parallel sausage rolls. One bench is reserved for men and the other for women. The hearth occupies the centre of the floor and is outlined by four stone kerbs. The sleeping benches, which serve by day as sitting places, are screened at head and foot by capacious cupboards, one of which serves the mistress of the house for her kneading trough and other utensils, another takes the form of a large bin with sub-divisions to hold the current supply of flour.

The normal cooking pots and oil vessels, lamp cruses, etc., are of hollowed soap-stone, often of gracefully irregular shape, reflecting that of the boulder from which they have been hewn. Gourds furnish the usual 'jugs', and wooden bowls, nowadays frequently turned on a lathe, the eating vessels. Wooden spoons and ladles are cut in one piece, the handles being formed by a convenient branch or twig. The delightful result is that no two pots, bowls, or spoons, are identical in size or shape. Unfortunately aluminium or enamelled iron vessels and galvanized buckets are finding their way into the country. We ourselves were, I fear, guilty of adding to their number and even introducing a few multi-service kerosene tins.

The greater number of field implements are still of wood, though the ploughshares are now usually shod with an iron shoe or tip, and a lucky family may have acquired an iron spade or hoe or a five-pronged iron fork. A small community of ultimately Indian origin, the Béricho, lives amongst the Burusho and supplies the music for their polo and dancing and the blacksmithery of their simple ironwork: the shears, the rude sickle, the sharpened scrap of iron that serves as razor.

[412] The sharpened stone or ibex horn, which till very recently served for all necessary carpentry, is now replaced by the iron-headed adze which hacks out the steps on the log ladder and shapes the narrow planks for doors and cupboards. The true Hunza door consists of a set of

it, exactly over the main store-room below. There is no parapet, only a tiny raised rim to direct the rain into a small gutter-hole, on the rare occasions when there is rain; but it has a fringe of cut thorn bushes arranged round the edge to prevent an enterprising goat jumping across from the next-door roof not many feet away. I didn't, however, go up on to the roof, but on into a larger courtyard where there was a pool in the corner at which their washing is done. They would not dream of polluting the running water by washing themselves or their clothes in it as it flows by; they draw off what they want for these purposes into a separate pond of their own. Then under a large shady tree there was a raised stone platform which acts as a "sofa" by day and as a double or treble or quadruple bed by night—for, except in the depth of winter, nobody sleeps indoors. There was another raised platform, with a wall at the back and open in front and sides, roofed in for another sleeping place. It had a railing along under the roof, and over this were hung all sorts of padded quilts, homespun blankets, sheepskins, etc.—the family bedding. All the bedding is taken out and hung up every day, which helps to account for the complete lack of vermin—which I confess came to us as a happy surprise. In all our year in Hunza we saw only *one* flea, and that, as David said, was emphatically our own!

Round the corner from these sleeping places I got into a walled-in shady garden full of fruit trees—apples, mulberries, peaches, apricots, and vines. It is incredible how luxurious mere *shade* is at such a temperature. It wasn't remotely like a garden in our sense. The earth was bare without one blade of grass or green, and was all cut up into little beds round each precious tree, with banks between them, so that the water could be directed to each tree as desired, when it was No. 1's turn to have water at all. In the far corner of the garden was a neat little circular "open-air pulpit." We had seen these pulpits dotted about, but—stupidly—did not at once guess what they were for. Coming straight from Kashmir, where the approach to each homestead is ankle deep in filth, or remembering Arab habits in Iráq, we never expected that we should find in Hunza a people as scrupulously decent as ourselves in

LAND AND HOUSES IN HUNZA

As you enter, you turn your eyes left and with your free 342
right hand salute the master of the house and wish him peace. [576]
You will find him seated on a spacious dais raised well above 352
the earthen floor and comfortably carpeted with goats' hair rugs of his own weaving, or it may be with felt carpets from Kashgar. The left-hand wall of the dark passage through which you have entered screens the end of this recessed dais, and is lined with a capacious cupboard reaching to the ceiling. At the head of the dais is a gigantic wooden bin, divided into chambers each with its separate lid, in which the various kinds of flour are stored as they are ground for use: barley, wheat, millets, and buckwheats. The dais itself is 6 or 7 feet wide and 10 or 12 feet long, the men's sitting place by day and the major sleeping bench by night. Each person has his own set of 352
bedding—padded quilts or homespun blankets—in which he 513
rolls himself like a sausage. The sleepers lie crosswise on the bench, which is wide enough to let them stretch full length, and when neatly packed for the night eight or ten can be comfortably accommodated. On the opposite side of the room is 352
the minor bench, equally roomy, but an inch or two less raised, which is the women's sitting place by day, and at night the sleeping bench for women and children. It also has a built-up cupboard at the foot, and at the head, corresponding to the large flour bin, the housewife's spacious "yeast-cupboard" in which she keeps her kneading trough and rolling-pin, her cooking-pots and what not. Its door is at her left hand as she sits on her cross-bench, and the top of it serves as general shelf, table, and "dresser." A more admirable scheme of 342
architecture, better suited to the family's needs, would be 352
difficult to devise. The complete absence of windows gives a sense of security and cosiness; the complete absence of senseless "furniture" gives a delightful feeling of space and peace and leisure, and makes you want to go home and make a bonfire of your tables and chairs. How much more we have lost than gained by learning to sit on chairs and losing the pliability of joint that makes squatting natural. How much
unnecessary domestic slavery goes to our "housework." Every 356
morning the Hunza women take the family rugs and bedding

2: Lorimer T-3 (1920-4; 1934-5) 1939 AV7 Burusho AV7

with a shaft of bright sunlight striking obliquely through the smoke-hole, and innumerable youngsters in continuous movement. Still, he got some records, if not exhibition photographs, of the event.

In many ways Hunza marriage customs are more enlightened than our own. The newly wedded pair are permitted the privacy of some barn or outhouse for their early days, but the two are not abandoned to their own inexperience to make or mar their future physical relations; no terrified bride is forcibly raped on her wedding night by the clumsy impetuosity of her mate, no diffident and chivalrous boy left agape in ignorance of acceptable advances. The bridegroom's mother stays with them, and teaches him to woo and win in such fashion that both may have the maximum joy of their new experience. In cases where the bride is over-fearful or over-young, the boy's mother will sleep between them to protect her till the couple are ripe for mating, and should the bride conceive an unconquerable aversion for her husband the marriage is tolerantly annulled by consent. Her own mother will reason with her and endeavour to persuade her, but the girl will not be coerced against her will.

When the instructional honeymoon is over the young people take their place with the other married pairs in the common living-room, where kindly darkness gives privacy at night to all.

As soon as a woman is aware that she has conceived, she quits her husband's side and joins the other women on their sleeping bench, while he rejoins the group of bachelors, and not until their child is weaned will the couple mate again. A husband who babbled of marital rights as overriding the rights of wife and child would be an outcast amongst his kin. If a father by impatience robs his child of the full period of its mother's nursing—usually three years for a boy and two for a girl—the pirate baby that ensues is stigmatized by a name more opprobrious than "bastard." This enforced continence appears to inflict no hardship on the husband; he is not asked to exercise it in a *solitude à deux* or the provocative proximity of a barbaric double bed. Moreover, he has known from babyhood that such a forbearance forms an integral part of the scheme of

I don't think I was struck by any unpleasant or bad odors. No doubt you would assume that being a farmer, the excrement of animals wouldn't offend me and in saying that you'd be very, very right, but even with a city man's view, I don't think you would have found the Hunzan barnyards smelly or dirty. 356

The roof of the living quarters is just high enough so that a tall man can stand up in it without bumping his head. The Hunzan roofs usually have heavy timbers strung across—at least 3 inches thick and placed about 12 inches apart. They have to be that thick and heavy because on top of this is laid earth. Practically every home has an earthen roof. The floor, too, is of hard earth that has been pounded through years of use, until it is a good sound firm floor that can be readily swept and kept clean. 342

Apart from the Mir's palace, every other home that I visited in Hunza and in Nagir had earthen floors. Now naturally one wouldn't expect an earthen floor to be spic and span or shine and glisten the way a good hardwood floor can be made to shine and glisten. These earthen or clay floors can be made smooth and even be polished, and it is actually done.

Often the room is divided off to allow for a storage room, where the dried apricot stones and other fruits and vegetables are kept for winter use. [251]

In the center of the room a hole is dug and often stones are laid at the bottom. Here the fire is laid and this is how they keep warm during the winter and where they do their cooking. Above is a hole about 18 inches square to allow the smoke to escape. The people sleep on the floor within warming distance of the fire. Beds in the average Hunzan homes are unknown, but they have bed rolls or other cloth contraptions to make the floor softer. Some of the wealthier or well-to-do [354] 513 352 352

352 Hunzans have charpoys. Most homes have a chest, or two or three or more, in which they store and keep their belongings. The chests are used to sit on and perhaps eat off. The Hunzan home we visited had a table also.

513 286 Every Hunzan home has blankets for covering during the winter and these blankets are made of homespun wool which is carded, loomed and woven by the villagers. They are equal in weight and warmth to the best blankets that are made in the West. There is no danger of the blankets not being 100 per cent wool, because wool they can get from the sheep or yak's backs.

342 Practically every Hunzan home has an upstairs, too, and this is where the family lives during the summer. It is related that each spring on the 21st of March the family moves upstairs. When there are 4 or 5 members in the family the upstairs is usually divided into two sections or rooms, leaving an open balcony in the center.

342 512 The usual Hunzan home is a place to shelter the family against storms, rain, cold and snow. It is not used nearly as much for social intercourse as it is in the West. Therefore, they don't spend as much of their time in the homes. Practically all daylight hours during spring, summer and fall are spent in the fields.

164 Some authorities attribute the good health of the Hunzans to the fact that most of their time is spent out in the open air and sunlight. Could it be that we in the West spend too much of our time inside our comfortable homes and not sufficient outside in the glorious outdoors? This is something worthy of thought and study.

Considering the heights, the ledges, the precipices and steep inclines that are found throughout this country, it is remarkable that there are few cases of injury like broken or fractured limbs, serious accidents due to falling and such. But you must remember that from infancy, children are trained and learn how to